

LECTURES

CHICAGO 8AM - 9.30AM, NEW YORK
9AM - 10.30AM, BERLIN 3PM - 4.30PM,
TOKYO 11PM - 12.30AM

**SATURDAY,
JANUARY 31ST, 2026**

ALYSON SCHAFER

**THE GREAT LESSONS ADULTS
CAN LEARN FROM
ADOLESCENCE**

**SUNDAY,
FEBRUARY 1, 2026**

JIM BITTER

**WHAT EARLY HUMAN
COMMUNITIES CAN TEACH US
ABOUT COMMUNITY FEELING
AND SOCIAL INTEREST.**

For the lecture and workshop
descriptions please visit:
<https://www.icassi.net/virtual-winter-conference/>

WORKSHOPS SATURDAY, JANUARY 31

Berlin 11am-2pm, Beijing 6pm-9pm, Tokyo
7pm - 10pm

A1: Zivit Abramson -

Do we have free choice? Well, there are
limitations.

A2: Joyce Callus -

There must be another way: Parenting may not
be easy but the Adlerian Way might help

A3: Dave Kearns -

Masked/Hidden Post Natal Depression in Male
Partners where Mum presents with PND

A4: Michael Fitzgerald -

TBA

Berlin 6pm-9pm, Seattle 9-12am, Chicago
11am - 2pm, New York 12-3pm

B1: Betty Lou Bettner / Dave Kearns -

First Five Years

B2: Alyson Schafer -

Current Challenges Facing Children and
Families: An Adlerian, Cross-Cultural Dialogue

B3: Hala Buck -

Adler might have taught us about "grief" and
the grieving process.

B4: Craig Balfery -

The creative connection between childhood
playing and the work task: Encouraging play and
creativity in psychotherapy.

WORKSHOPS SUNDAY, FEBRUARY 1

Berlin 11am-2pm, Beijing 6pm-9pm, Tokyo
7pm - 10pm

C1: Liliana Radu -

Neurodiversity from an Adlerian perspective

C2: Shuli Zhang -

Embrace Your Child, and Yourself, Through Play

C3: Kim Lee-Own -

I Can: Creative Encouragement for Courage
and Connection

C4: Rachel Shifron -

Addictions in 2025 and the family system

Berlin 6pm-9pm, Seattle 9-12am, Chicago
11am - 2pm, New York 12-3pm

D1: Jim Bitter -

Adlerian Lifestyle-Based Psychotherapy

D2: Sara Saeedi -

Striving, Belonging, and Screen Time: An
Adlerian Approach to Youth in the Digital Age

D3: Jay Colker -

Adlerian Open Forum

D4: Pascale Brady -

Living an Adlerian Life: Tools for Courage,
Choice, & Connection