

## LECTURES

CHICAGO 8AM - 9.30AM, NEW YORK  
9AM - 10.30AM, BERLIN 3PM - 4.30PM,  
TOKYO 11PM - 12.30AM

SATURDAY,  
JANUARY 31ST, 2026

**ALYSON SCHAFFER**

### THE GREAT LESSONS ADULTS CAN LEARN FROM ADOLESCENCE

SUNDAY,  
FEBRUARY 1, 2026

**JIM BITTER**

### WHAT EARLY HUMAN COMMUNITIES CAN TEACH US ABOUT COMMUNITY FEELING AND SOCIAL INTEREST.

For the lecture and workshop  
descriptions please visit:  
<https://www.icassi.net/virtual-winter-conference/>

## WORKSHOPS SATURDAY, JANUARY 31

Berlin 11am-2pm, Beijing 6pm-9pm, Tokyo  
7pm - 10pm

**A1: Zivit Abramson -**

Do we have free choice? Well, there are  
limitations.

**A2: Joyce Callus -**

There must be another way: Parenting may not  
be easy but the Adlerian Way might help

**A3: Dave Kearns -**

Masked/Hidden Post Natal Depression in Male  
Partners where Mum presents with PND

**A4: Michael Fitzgerald -**

TBA

Berlin 6pm-9pm, Seattle 9-12am, Chicago  
11am - 2pm, New York 12-3pm

**B1: Betty Lou Bettner / Dave Kearns -**

First Five Years

**B2: Alyson Schaffer -**

Current Challenges Facing Children and  
Families: An Adlerian, Cross-Cultural Dialogue

**B3: Hala Buck -**

Adler might have taught us about "grief" and  
the grieving process.

**B4: Craig Balfery -**

The creative connection between childhood  
playing and the work task: Encouraging play and  
creativity in psychotherapy.

## WORKSHOPS SUNDAY, FEBRUARY 1

Berlin 11am-2pm, Beijing 6pm-9pm, Tokyo  
7pm - 10pm

**C1: Liliana Radu -**

Neurodiversity from an Adlerian perspective

**C2: Shuli Zhang -**

Embrace Your Child, and Yourself, Through Play

**C3: Kim Lee-Own -**

I Can: Creative Encouragement for Courage  
and Connection

**C4: Rachel Shifron -**

Addictions in 2025 and the family system

Berlin 6pm-9pm, Seattle 9-12am, Chicago  
11am - 2pm, New York 12-3pm

**D1: Jim Bitter -**

Adlerian Lifestyle-Based Psychotherapy

**D2: Sara Saeedi -**

Striving, Belonging, and Screen Time: An  
Adlerian Approach to Youth in the Digital Age

**D3: Jay Colker -**

Adlerian Open Forum

**D4: Pascale Brady -**

Living an Adlerian Life: Tools for Courage,  
Choice, & Connection